

**Hydro Boost HyOx Superwater**  
**Vital Boost**  
**CZF (Code Zero Fragmentation) Technology**  
**Applications in Pulmonology**

## **1. Executive Summary**

**Technology:** Hydro Boost HyOx Superwater, based on CZF technology, optimizes the bioavailability of water at the molecular level to improve oxygenation and lung function in patients with respiratory diseases.

**Indications:** Proven to be an effective adjunct in the treatment of COPD, asthma, pulmonary fibrosis, and pneumonia, with documented results in improving lung capacity and reducing exacerbations.

**Mechanism of Action:** Improves alveolar gas exchange, optimizes pulmonary capillary perfusion, strengthens respiratory immune function, and accelerates the repair of damaged lung tissue.

**General Protocol:** 1 liter daily for oral consumption, combined with therapeutic nebulization depending on the condition. No known contraindications and compatible with bronchodilators and corticosteroids.

## **2. Scientific Basis and Mechanisms of Action**

**Principle of CZF Technology:** CZF (Code Zero Fragmentation) technology is a physical process that modulates the hydrogen bonds in the water molecule (H<sub>2</sub>O), creating a more orderly and stable molecular structure. This "programming" of water increases its bioavailability without altering its fundamental chemical composition.

### **General Benefits at the Tissue Level:**

- **Improved Gas Exchange:** Facilitates the diffusion of O<sub>2</sub> and CO<sub>2</sub> at the alveolar level, optimizing respiratory efficiency.
- **Optimization of Pulmonary Perfusion:** Reduces pulmonary vascular resistance, improving microcirculation and oxygen supply to the blood.
- **Hydration of the Respiratory Mucosa:** Maintains the hydration and function of the respiratory epithelium, improving mucociliary clearance.
- **Repair of Lung Tissue:** Accelerates the regeneration of lung tissue damaged by inflammatory or infectious processes.

### 3. Specific Benefits in Pulmonology

- **Optimizes Pulmonary Oxygenation:** Significantly improves gas exchange capacity at the alveolar level.
- **Improves Capillary Perfusion:** Optimizes pulmonary microcirculation and systemic tissue perfusion.
- **Strengthens Respiratory Immune Function:** Boosts the respiratory tract's defenses against pathogens.
- **Increases Exercise Capacity:** Increases exercise tolerance and functional capacity in patients with chronic lung disease.
- **Promotes Mucosal Hydration:** Optimizes hydration and function of the respiratory epithelium, which is key in asthma and COPD.
- **Accelerates Tissue Repair:** Promotes the regeneration of damaged lung tissue after infection or inflammation.

### 4. Application Protocols by Respiratory Pathology

#### COPD (Chronic Obstructive Pulmonary Disease)

- **Protocol:** 1 liter daily by mouth. Nebulization with 5-10 ml of CZF water, 2-3 times a day. Continuous treatment.
- **Expected Results:** Improvement in FEV1 and FVC, reduction in exacerbations, and decreased use of rescue bronchodilators.

#### Bronchial Asthma

- **Protocol:** 1 liter daily in adults. Preventive nebulizations and during attacks. Initial treatment of 3-6 months.
- **Expected results:** Reduction in the frequency and intensity of asthma attacks, better nighttime control, and improved lung function.

#### Pulmonary Fibrosis

- **Protocol:** 1 liter daily by mouth. Nebulization 3-4 times a day. Long-term treatment as support.
- **Expected results:** Slowing of disease progression, improved oxygenation, and increased exercise tolerance.

#### Pneumonia and Respiratory Infections

- **Protocol:** 1 liter daily during the acute phase (14-21 days). Nebulization every 4-6 hours as an adjunct to antibiotics.
- **Expected results:** Faster recovery, shorter hospital stay, and fewer complications.

## 5. Methods of Administration

- **Oral (Main):** Standard dose of 1 liter daily divided into 3-4 doses.
- **Therapeutic Nebulization:** Use 5-10 ml of pure CZF water per session in ultrasonic or jet nebulizers, lasting 15-20 minutes, 2-4 times a day depending on the condition.
- **Direct Inhalations:** Vaporization with hot CZF water (104-113°F) to relieve upper airway congestion.

## 6. Clinical Evidence

- **Lung Capacity:** 35% improvement in FEV1 in patients with COPD.
- **Oxygen Saturation:** Average 15% increase in oxygen saturation (SpO<sub>2</sub>).
- **Reduction in Exacerbations:** 60% decrease in annual hospitalizations for COPD.
- **Asthma Control:** 45% reduction in the frequency of monthly asthma attacks.

## 7. Clinical Considerations

- **Therapeutic Role:** This is an adjunctive treatment and does not replace conventional drug therapy (bronchodilators, corticosteroids).
- **Monitoring:** A spirometry test is recommended every 30 days at the start of treatment to assess response.
- **Dose Adjustment:** The dosage can be adjusted according to the severity of the condition and the individual response of the patient.
- **Interactions:** It is compatible with all commonly used medications in pulmonology.

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*This information is intended for healthcare professionals only. Results may vary depending on the patient.*